

# **Nuffield School for the Deaf and Blind, Kaithady, Sri Lanka**

## **Meal Donations**

Nuffield School for the Deaf and Blind is a charitable organization, established in 1956 and now has 127 students who are either sight or hearing impaired. They are educated, provided accommodation, food and clothing and looked after entirely free of charge. We depend on financial and other types of help from well-wishers to run the school.

The mission of the school is to provide a professionally managed service, using quality trained staff, appropriate technology and methods to facilitate and enable those lives that have been placed in our care to successfully progress from handicapped dependents to self-managing contributors in society.

Food is an essential part of everyone's lives. It gives us the energy and nutrients to grow and develop, be healthy and active.

This appeal is to those generous people, who would like to bring a little joy into the lives of these innocent children by donating a meal. What better way is there to celebrate a child's birthday or remember a dear departed one?

To donate a meal contact the School Office

**Address** :- **Nuffield School for the Deaf and Blind, Kaithady, Sri Lanka.**  
**Office Tel** :- **0212232202**  
**WhatsApp/ Viber** :- **077-2527256**  
**Meal Coordinator** :- **076-2566684**  
**077-2527256**  
**Email** :- **nsdb1956@gmail.com**

The bank details are as follows:

**Bank A/C Name** : **Nuffield School (CCFC)**  
**Bank Name** : **Commercial Bank, Main Branch, Jaffna.**  
**Account No** : **1060013478**  
**Bank Address** : **Hospital Road, Jaffna**  
**Swift Code** : **CCEYLK LX**

The school is an Approved Charity (Charity Reg. No. 10411 Of 06-06-1952) and your contributions can be tax deducted. You can pay the cost of chosen meals to the school or pay any amount into the school Bank Account and inform the school giving your name and address. Receipts will be given directly, emailed or posted to you.

## Cost of Meals

### **Breakfast**

Monday	Ilaikanchi / Aval	3,000
Tuesday	White rice,Sambol,Dhal curry	4,500
Wednesday	Chick peas	4,500
Thursday	Milk rice, Sambol, Dhal Curry	5,000
Friday	Aval	4,000
Saturday	Milk rice, Sambol , Banana	5,000
Sunday	Pittu, Potato curry, Omelette	8,000

### **Lunch**

Monday	Rice, 3 Vegetables, Egg	16,500
Tuesday	Rice, 3 Vegetables, Chicken/Sea foods	27,000
Wednesday	Rice, 3 Vegetables, Sprats / Egg	16,500
Thursday	Rice, 3 Vegetables, Fish	23,000
Friday	Rice, 4 Vegetables, Pappadam, Banana	15,000
Saturday	Rice, 3 Vegetables, Fish	23,000
Sunday	Rice, 3 Vegetables, Chicken/Sea foods	27,000

<b><u>Special</u></b>	<b>Veg. fried rice</b> <b>Veg. fried rice - 4 Vegetables, Pappadam, Banana</b>	<b>20,000</b>
	<b>Chicken fried rice</b> <b>Chicken fried rice - 3 Vegetables, Chicken curry</b>	<b>44,000</b>

### **Dinner**

Monday	Pittu, Sprats curry, Sambol	8,000
Tuesday	Uppuma (Rulang), Chick peas curry	5,500
Wednesday	White rice, Varai, Sprats curry	8,500
Thursday	String hoppers, Soya curry, Sambaar	7,500
Friday	Bread, Sambaar, Sambol	7,500
Saturday	Pittu, Soya curry, Varai, Palsothi	5,500
Sunday	White rice, Sambaar, Sambol	5,000
<b><u>Special</u></b>	<b>Idly, Sambaar</b>	<b>8,000</b>
	<b>Noodles with Chicken curry</b>	<b>14,500</b>
	<b>Noodles / Uppuma, Tinned fish curry</b>	<b>11,000</b>

### **Desserts/ Tea**

Black gram vadai	10,000	payaasam	2,500
Kadalai vadai	7,000	Chick peas thuvaiyal	2,250
Cutlet	8,000	Mothakam	4,000
Milk tea	2,500	Saththu maa	4,000
Milo tea	3,000	Cake	12,000
Yoghurt	6,500	Ice cream	7,000
Sandwich	5,500	Plain tea	1,800
Fruit salad	8,000		
Banana	2,000		