

## **Nuffield School for the Deaf and Blind, Kaithady, Sri Lanka**

### **Meal Donations**

Nuffield School for the Deaf and Blind is a charitable organization, established in 1956 and now has 146 students who are either sight or hearing impaired. They are educated, provided accommodation, food and clothing and looked after entirely free of charge. We depend on financial and other types of help from well-wishers to run the school.

The mission of the school is to provide a professionally managed service, using quality trained staff, appropriate technology and methods to facilitate and enable those lives that have been placed in our care to successfully progress from handicapped dependents to self-managing contributors in society.

Food is an essential part of everyone's lives. It gives us the energy and nutrients to grow and develop, be healthy and active.

This appeal is to those generous people, who would like to bring a little joy into the lives of these innocent children by donating a meal. What better way is there to celebrate a child's birthday or remember a dear departed one?

To donate a meal contact the School Office

**Address** : **Nuffield School for the Deaf and Blind, Kaithady, Sri Lanka.**

**Office Tel** : **0212232202**

**Meal Coordinator** : **0772527256**

**Email** : **nsdb1956@gmail.com**

The bank details are as follows:

**Bank A/C Name** : **Nuffield School (CCFC)**

**Bank Name** : **Commercial Bank, Main Branch, Jaffna.**

**Account No** : **1060013478**

**Bank Address** : **Hospital Road, Jaffna**

**Swift Code** : **CCEYLKLX**

The school is an Approved Charity (Charity Reg. No. 10411 Of 06-06-1952) and your contributions can be tax deducted. You can pay the cost of chosen meals to the school or pay any amount into the school Bank Account and inform the school giving your name and address. Receipts will be given directly, emailed or posted to you.

## Cost of Meals

### Breakfast

Monday	Ilaikanchi / Aval	3,000.00
Tuesday	White rice,Sambol,Dhal curry	4,500.00
Wednesday	Cowpie	3,500.00
Thursday	Milk rice, Sambol, Dhal Curry	4,000.00
Friday	Chick Peas	3,500.00
Saturday	Milk rice, Sambol , Banana	4,500.00
Sunday	Egg-dhosai	4,500.00

### Lunch

Monday	Rice, 3 Vegetables, Egg	14,500.00
Tuesday	Rice, 3 Vegetables, Chicken	16,500.00
Wednesday	Rice, 3 Vegetables, Sprats / Egg	14,500.00
Thursday	Rice, 3 Vegetables, Fish	15,500.00
Friday	Rice, 4 Vegetables, Pappadam, Banana	13,500.00
Saturday	Rice, 3 Vegetables, Fish	15,500.00
Sunday	Rice, 3 Vegetables, Chicken,	16,500.00

**Veg. fried rice                      Veg. fried rice - 4 Vegetables, Pappadam,                      18,000.00**

**Chicken fried rice                      Chicken fried rice - 3 Vegetables, Chicken curry                      23,500.00**

### Dinner

Monday	Pittu, Sprats curry, Varai	7,000.00
Tuesday	Uppuma (Rulang) / Noodles, Tinned fish curry	9,000.00
Wednesday	White rice, Varai, Sprats curry	7,500.00
Thursday	String hoppers, Soya curry, Sambaar	7,500.00
Friday	Bread, Sambaar, Sambol	7,000.00
Saturday	Pittu, Soya curry, Varai, Palsothi	5,000.00
Sunday	White rice, Sambaar, Sambol	4,500.00
	<b>Idly, Sambaar</b>	<b>5,000.00</b>
	<b>Noodles with Chicken</b>	<b>9,000.00</b>

### Desserts/Tea

Cutlet	3,800.00
Cake	6,500.00
Chinese Rolls	6,200.00
Vadai	3,000.00
Paayasam	1,500.00
Banana	1,800.00
Ice Cream	4,200.00
Yoghurt	5,500.00
Milk Tea	1,700.00